



240 South Main St. Unit A
 South Hackensack, NJ, 07606
 201-457-1995
 www.africainports.com

NUTRITION FACTS

Ginger Powder (organic)

Nutrition Facts			
Serving Size: 100 grams			
Servings Per Container: May Vary			
Amount Per Serving			
Calories: 335			
			% Daily Value*
Total Fat: 4.24 g			
Saturated Fat: 2.599 g			
Trans Fat: 0 g			
Cholesterol: 0 mg			
Protein: 8.98 g			
Carbohydrates: 71.62 g			
Dietary Fiber: 14.1 g			
Total Sugars: 3.39 g			
Sodium: 27 mg			
Vitamin C: 0.7 mg			
Vitamin D: 0 ug			
Calcium: 114 mg			
Iron: 19.8 mg			
Potassium: 1320 mg			
* Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs			
	<u>Calories</u>	<u>2,000</u>	<u>2,500</u>
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

The information contained herein is for general information purposes only. While we endeavor to keep the information up to date and correct, we make no representations or warranties of any kind, express or implied, about the completeness, accuracy, reliability, merchantability, or suitability of the information contained herein. The results noted above are valid as of the date of testing of the product. Final determination of suitability of any product is the sole responsibility of the customer.