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NUTRITION FACTS

Maca Root Powder (organic)

Nutrition Facts			
Serving Size: 100 grams			
Servings Per Container: May Vary			
Amount Per Serving			
Calories: 359			
Total Fat: 0.9 g			
Saturated Fat: 0.27 g			
Trans Fat: 0 g			
Cholesterol: 0 mg			
Sodium: 90.76 mg			
Total Carbohydrates: 76.1 g			
Dietary Fiber: 25.6 g			
Total Sugars: 30.53 g			
Added Sugars: 0 g			
Protein: 11.65 g			
Vitamin D: 0 mcg			
Calcium: 3515 mg			
Iron: 127 mg			
Potassium: 1559 mg			
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs			
	<u>Calories</u>	<u>2,000</u>	<u>2,500</u>
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

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