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## NUTRITION FACTS

### Baobab Powder (organic)

<b>Nutrition Facts</b>			
Serving Size: 100 grams			
Servings Per Container: May Vary			
<b>Amount Per Serving</b>			
<b>Calories:</b> 290 - 310			
			<b>% Daily Value*</b>
<b>Total Fat:</b> 0.2 - 1.5 g			
<b>Cholesterol:</b> < 5 mg			
<b>Sodium:</b> 8 - 14 mg			
<b>Total Carbohydrates:</b> 73 - 77 g			
Dietary Fiber: 40 - 50 g			
Sugars: 12.7 - 20.9 g			
Added Sugars: 0 g			
<b>Protein:</b> 3 - 10 g			
<b>Vitamin C:</b> 150-250 mg			
<b>Vitamin D:</b> 0 mg			
<b>Calcium:</b> 285 - 365 mg			
<b>Iron:</b> 4.5 - 7.5 mg			
<b>Potassium:</b> 1800 - 2200 mg			
<b>Phosphorus:</b> 36 – 52 mg			
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs			
	<u>Calories</u>	<u>2,000</u>	<u>2,500</u>
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g