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NUTRITION FACTS

Moringa Leaf Powder (organic)

Nutrition Facts			
Serving Size: 100 grams			
Servings Per Container: May Vary			
Amount Per Serving			
Calories: 382.17		Calories from fat: 59.67	
			% Daily Value*
Total Fat: 6.63 g			
Saturated Fat: 1.7 g			
Trans Fat: 0 g			
Sodium: 70.4 mg			
Carbohydrates: 59.88 g			
Dietary Fiber: 23.5 g			
Sugars: 12.7 g			
Added Sugars: 0 g			
Protein: 30 g			
Vitamin D: 0 mcg			
Calcium: 1590 mg			
Iron: 6.1 mg			
Potassium: 1630 mg			
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs			
	<u>Calories</u>	<u>2,000</u>	<u>2,500</u>
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g