



240 South Main St. Unit A
 South Hackensack, NJ, 07606
 201-457-1995
 www.africainports.com

NUTRITION FACTS

Dragonfruit Freeze Dried Powder

Nutrition Facts			
Serving Size: 100 grams			
Servings Per Container: May Vary			
Amount Per Serving			
Calories: 409			
			% Daily Value*
Total Fat: 6.9 g			
Saturated Fat: 2.0 g			
Trans Fat: 0 g			
Cholesterol: 0 mg			
Sodium: 4.37 mg			
Total Carbohydrates: 78.5 g			
Dietary Fiber: 10.6 g			
Total Sugar: 55.2 g			
Added Sugar: 0 g			
Protein: 8.29 g			
Vitamin D: 0 mcg			
Vitamin C: 11 mg			
Calcium: 34 mg			
Iron: 2 mg			
Potassium: 1710 mg			
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs			
	<u>Calories</u>	<u>2,000</u>	<u>2,500</u>
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g