

FOR DETOXIFYING AND CLEANSING



Body cleansing teas are brimming with antioxidants and natural healing ingredients which work like digestive aids to cleanse the intestines and/or boost metabolism.

Best Cleansing Teas:

Cleansing Tea - M-485

Chinese Antioxidizing Green Tea - M-490

Exotic Mango Nutritional Tea - M-494

FOR LOWERING CHOLESTEROL

Many teas can work to lower bad cholesterol (LDL cholesterol). Many compounds in these teas (like lovastatin in rooibos tea) lower cholesterol levels and regulate triglycerides.



Best Teas For Lowering Cholesterol

Rooibos Tea (African Red Tea) - M-480

African Hibiscus Tea - M-488

Chinese Antioxidizing Green Tea - M-490

Gourmet Black Seed Herbal Mint Tea - M-496

FOR CLEARER, HEALTHIER SKIN



Certain teas are filled with antioxidants that help to keep your skin clear and protected from pollution. Certain teas can even be used in your bathtub to help soothe and nourish your skin and reduce symptoms of eczema or psoriasis.

Best Teas For Your Skin:

Chinese Antioxidizing Green Tea - M-490

Exotic Mango Nutritional Tea - M-494

Rooibos Tea (African Red Tea) - M-480

Asian Lemongrass Medicinal Tea - M-492

WHICH TEA IS RIGHT FOR ME?

FOR LOWERING STRESS AND ANXIETY



Certain teas have restorative nutrients and calming compounds that work to relax the senses, calm the mind, and even help you to have a good night's sleep!

Best Stress-Relieving Teas:

Chinese Antioxidizing Green Tea - M-490

Asian Lemongrass Medicinal Tea - M-492

Gourmet Black Seed Herbal Mint Tea - M-496